



OFFICE OF THE DIRECTOR/PRINCIPAL
MAHATMA GANDHI GOVT. ENGG. COLLEGE, KOTLA (JEORI)
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No. 150

Dated: 12/05/2022

OFFICE ORDER

An Interactive session on **Health and Stress Management** will be conducted by department of Mech. & Civil Engineering. Ms. Hitaishi Bhardwaj, (Yoga Teacher /Trainer) will be the speaker of the session. The brief detail of the session is given below:

Topic: 'Health and Stress Management'
Dated: 13th May, 2022
Timing: 02:00 AM to 03:00 P.M
Venue: D-51

All faculty members, Staff and students of 2nd Year (Mech. & Civil Engg.) are directed to attend the session.


Director/Principal

Endst: GEC/KJR/Guest Lect. /2019 - 1083 - 1087

Dated: 12/05/22

Copy to:-

1. All OICs (Academic Civil & Mech. Engg.) for information.
2. All faculty members for information & necessary action.
3. Class Incharges (2nd Year) Mech. & Civil Engineering for information & necessary action.
4. Website Incharge for uploading in the institute website for the information of students.
5. Notice board.


Director/Principal